

Key dates for the Spring term

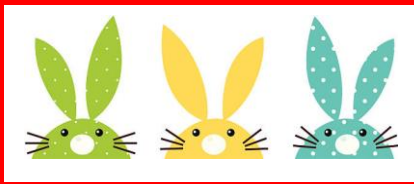
Spring 2nd half term

Reopen on Monday 24th February

Closes Friday 4th April

Reopen on Wednesday 23rd April

Easter Holiday - Monday 7th April to Tuesday 22nd April
(Daycare remains open except for 18th, 21st April)



Staff Update

I am pleased to be able to share with you that Alex is expecting her second child and will start her maternity leave around July time. We will hopefully be able to employ someone to take on her role whilst she is away and we will update you once we have someone in place.



Mother's Day Breakfast

We still have spaces on our Mother's Day Breakfast. You are invited to come along with your child for a special breakfast on Friday 28th March at 8 am-8.30 am. This is open to all parent/carers and other female relations. Unfortunately we can only have 1 adult per child. Please sign up at the office if you would like to come.



Office Entrance

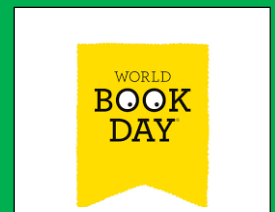
We are in the process of making our front entrance more secure. You will just need to press the buzzer to be let in.

Nursery fee increase and funding changes

All parents should have received a letter detailing a fee increase effective from 1st April. If you have any queries or concerns regarding the changes and how you will be personally affected, please get in touch.

World Book Day - 6th March

Children are welcome to come in dressed up as a book character.



Funding

Please don't forget that funding codes need to be renewed every three months. To do this, you'll need to remember to login to your childcare account to check when your reconfirmation dates are, so that you can renew your code on time. If you don't renew it on time you will not get the funding and you will be charged for your child's sessions.

We also suggest looking on the Childcare Choices website to make sure you are claiming everything that you are eligible for.



Parking

Please remember the car park is for staff parking only, unless you have a disabled badge.

Please think about how you are parking. Inconsiderate and dangerous parking is one of our biggest safety concerns. Parked cars can hide children from passing drivers and stop children from being able to see approaching traffic. Almost half of the young children injured as pedestrians have had their view of the road blocked by a parked car.



Separation Anxiety

Separation Anxiety is how we describe the feelings some children have when they are apart from those who make them feel safest - often their parents or carers. Most babies and children will find separation hard at times.

Separation anxiety is an expected developmental stage. Some children will struggle with it for longer and at different times because of their life experiences and / or individual personality.

At around six months old you will probably notice that your baby worries when you are out of sight. Developmentally your baby has realised that they are a separate person from you and can be left behind. This is hard for them and often the beginning of some 'separation anxiety'.

For the next few years you will probably notice some times when they seem 'clingy' and upset when they can't be close to you.

Some children will continue to feel separation anxiety throughout childhood - some or all of the time. It might be triggered by upsets or changes in their life that make them feel 'wobbly' or they may just be more prone to worrying.

If your baby or child has separation anxiety they may well get very upset at parting from you. It can be hard for parents to understand what it is all about, but the feelings and worry about being separated from you are very real for your child.

Whatever the age of your child your understanding of how hard this feels for them is important. The way you react and support them can help them feel better and less worried about being apart. It may take time to build their confidence but it is important they learn that they can cope and you are both still safe when separated.

For more information about this please visit <https://www.justonenorfolk.nhs.uk/emotional-health/children-young-people-s-emotional-health/separation-anxiety/>