



Emneth Nursery School Newsletter



Autumn 2nd

Headteacher Update

Last term was a very busy one with lots of new children and families joining us, as well as different events happening, such as visits to the local pumpkin patch, local walks, a visit to Rose Lodge care home and a Halloween disco. This half term we have other events planned e.g. a visit from the fire service, a Christmas trip to Downham Garden Centre and some parent/child sessions. More information will be shared soon.

As you will know Ofsted inspected in our school room (Orchards) before half term and the report will be shared with you as soon as it is published. Thank you to everyone that supported with this in some way.

This Saturday Alex is going to be getting married so we hope she has a wonderful day and I am pleased to say that we will be welcoming Molly back from maternity leave at the beginning of December.

Key dates for the Autumn term

Autumn 2nd half term

Reopen on Monday 4th November

Closes Friday 20th December

Christmas Holiday (CLOSED FOR ALL)

Monday 23rd December to
Monday 6th January

Reopen on Tuesday 7th January

Website

Our new website has now launched and we are very happy with it. I hope you find it informative and easy to use.

<https://www.emneth-nur.norfolk.sch.uk/>



Funding

Please don't forget that funding codes need to be renewed every three months. To do this, you'll need to remember to login to your childcare account to check when your reconfirmation dates are, so that you can renew your code on time. If you don't renew it on time you will not get the funding and you will be charged for your child's sessions.

Information on how we use the funding can be found on our Nursery website.

Parking

We are extremely concerned about the way parents are parking when dropping off and collecting children. People are parking on the corners of junctions, blocking pavements, as well as the entrance to our car park. Everyone's safety is at risk due to people being inconsiderate. There have been days when if we needed to call an ambulance they would be unable to get in the car park. If there is nowhere to park safely close by, then please park further away and walk in.



Hot lunches

Please make sure you let us know which days your child will be having a hot lunch for the whole of the half term. Hot lunches need to be set days. We appreciate your cooperation with this.



Orchards breakfast club

We have some space this term in our breakfast club for children in Orchards (3-4 years olds). Breakfast club starts at 8 am until 8.30 am and each child is provided with a choice of food options. The cost for all will be £3.95 including food.



FOOD FESTIVAL *by Aspens*

LUNCHTIME

TRADITIONAL Week 1

Autumn Winter 2024-25: 2/9, 23/9, 14/10, 4/11, 25/11, 16/12, 8/1, 27/1

DAY	THE MAIN EVENT	MEAT-FREE MAGIC	RAINBOW ALLEY	BIG TOPPING	DESSERT TROLLEY
MONDAY	Margherita Pizza Slice and Wedges	Veggie Pepper and Sweetcorn Pizza Slice with Wedges	Sweetcorn	Beans, Cheese or Tuna Mayo	Toffee Frozen Yoghurt
TUESDAY	BBQ Cheesy Chicken	Butterbean Ratatouille	Apple Slaw and Wholegrain Rice	Beans, Cheese or Tuna Mayo	Sweet Potato Brownie
WEDNESDAY	Roast Gammon, Roast Potatoes and Gravy	Quorn Sausage, Roast Potatoes and Gravy	Peas and Carrots	Beans, Cheese or Tuna Mayo	Forest Fruits Jelly Pots
THURSDAY	Lasagne	Vegetable Lasagne	Green Beans	Beans, Cheese or Tuna Mayo	Cookie Dough Apple Crumble
FRIDAY	Golden Fish Fingers or Salmon Fingers and Chips	Veggie Burger and Chips	Baked Beans	Beans, Cheese or Tuna Mayo	Jammy Thumbprint Biscuits

DAILY SALAD BOWL: FRESHLY BAKED BREAD, YOGHURT AND CUT FRUIT AVAILABLE DAILY

PASTA TWIRLER AVAILABLE EVERY DAY
Topped Pasta Hot Pasta topped with Homemade Tomato Sauce and Cheese

T1

FOOD FESTIVAL *by Aspens*

LUNCHTIME

TRADITIONAL Week 3

Autumn Winter 2024-25: 15/9, 7/10, 28/10, 18/11, 9/12, 30/12, 20/1, 10/2

DAY	THE MAIN EVENT	MEAT-FREE MAGIC	RAINBOW ALLEY	BIG TOPPING	DESSERT TROLLEY
MONDAY	American Style Mac Cheese	Veggie Wholegrain Pasta Bolognese	Carrots	Beans, Cheese or Tuna Mayo	Marble Cake
TUESDAY	Sausage Casserole and Mash	Vegetable Pot Pie and Mash	Roast Root Veggies	Beans, Cheese or Tuna Mayo	Apple, Cinnamon Raisin Flapjacks
WEDNESDAY	Roast Chicken, Stuffing, Roast Potatoes and Gravy	Carrot and Stuffing Pastry Plait	Peas and Sweetcorn	Beans, Cheese or Tuna Mayo	Orange and Mango Jelly
THURSDAY	Meatballs in Tomato Sauce with Rice	Mild Veggie Bean Chili Loaded Wedges with Cheese	Broccoli	Beans, Cheese or Tuna Mayo	Banana Bread Muffins
FRIDAY	Golden Fish Fingers and Chips	Vegetable Fingers and Chips	Baked Beans	Beans, Cheese or Tuna Mayo	Gingerbread Cookies

DAILY SALAD BOWL: FRESHLY BAKED BREAD, YOGHURT AND CUT FRUIT AVAILABLE DAILY

PASTA TWIRLER AVAILABLE EVERY DAY
Topped Pasta Hot Pasta topped with Homemade Tomato Sauce & Cheese

T1

FOOD FESTIVAL
by Aspens

LUNCHTIME

TRADITIONAL
Week 2

Autumn Winter
2024-25:
9/9, 30/9, 21/10,
11/1, 2/12,
23/12, 13/1, 5/2

DAY	THE MAIN EVENT	MEAT-FREE MAGIC Veggie Dish	RAINBOW ALLEY Wholegrain and Green Salad	BIG TOPPING Find a Taster	DESSERT TROLLEY
MONDAY	Cheesy Tomato Pizza Muffins	BBQ and Sweetcorn Pizza Slice	Wholegrain Pasta Salad and Green salad	Beans, Cheese or Tuna Mayo	Toffee Apple Sponge and Custard
TUESDAY	Chicken and Sweetcorn Cobbler	Winter Vegetable Crumble	Herby Diced Potato and Carrots	Beans, Cheese or Tuna Mayo	Chocolate Sprinkle Iced Cake
WEDNESDAY	Roast Pork, Roast Potatoes and Gravy	Cauliflower Cheese, Crispy Onion Topping & Roast Potatoes (You don't have to have the onions!)	Mixed Greens	Beans, Cheese or Tuna Mayo	Raspberry Coconut Jelly
THURSDAY	Classic Cottage Pie	Roasted Sweet Potato Pastry Roll and Mash	Peas	Beans, Cheese or Tuna Mayo	Fresh Fruit Salad
FRIDAY	Battered Fish and Chips	Cheese and Tomato Toasted Wrap with Chips	Baked Beans	Beans, Cheese or Tuna Mayo	Anzac Biscuits

DAILY SALAD BOWL, FRESHLY BAKED BREAD, YOGURTSS AND CUT FRUIT
AVAILABLE DAILY

PASTA TWIRLER
AVAILABLE EVERY DAY
Topped Pasta
Hot Pasta topped with Homemade Tomato Sauce & Cheese

T1

Just one Norfolk

I would like to direct you to 'Just One Norfolk' which is a fantastic website, which you can access for a range of advice and support, including issues such as eating, sleeping, developmental concerns etc.

<https://www.justonenorfolk.nhs.uk/>

0300 300 0123

Online safety tips for parents of pre-school children

0-5 Year Olds

internet
matters.org

22% of parents of 3-4-year-olds don't think their child has a good balance between screen time and other activities

* Source: [Ofcom Children and parents: media use and attitudes report 2022](#)



Checklist:

Put yourself in control

Make use parental controls available on your home broadband and any internet-enabled devices. You can find out how at your broadband provider's website or [by visiting internetmatters.org](#).

Search safely

Use safe search engines such as [swiggle.org.uk](#) or [kids-search.com](#). **Safe search settings can also be activated on Google and other search engines** as well as YouTube and it is possible to lock these so that they can't be inadvertently removed. You can find out more by [visiting the Google Safety Centre](#). Once you've put all of these controls in place have a browse and search for a few things to see what your children might see, if they were to do the same. Remember that voice-activated search works really well now.

Set boundaries

It's never too early to start setting rules about when and for how long your child can use devices and start to introduce the subject of internet safety at the same time. Encourage children to use devices in a shared spaces like a lounge or kitchen. Make sure to keep other devices out of reach and use passwords so they can't go online without asking you first. It's also a good idea to have tech-free mealtimes and not to allow children to have devices in their bedrooms at this age.

Explore together

Set your homepage to a child-friendly site such as [CBeebies](#) and give them a user account which only allows access to sites and apps you've chosen.

Help them learn through games

Games are a great way for young children to explore the internet and learn about the world around them. **Choose a variety of safe and educational online games and apps to play with your child** that you'll feel more comfortable with them exploring. Make use of websites and platforms designed specifically for pre-schoolers like [CBeebies](#), YouTube Kids, Nick Jr, and use [age ratings](#) and reviews in the app store to check app suitability.

